



Miss Abi

Competitive Dance Instructor

For the past 23 years, dance has been a part of Ms. Abi's life. Stepping into her first pair of ballet shoes at just age 2, she took the stage and never turned back. Abi trained competitively in the styles of ballet, jazz, tap, lyrical, musical theatre, hip hop and acro for 11 years before heading to the Arts Umbrella intensive program in Vancouver to advance her studies.

Since returning to Ontario, Abi has enjoyed sharing her passion for dance with her students through teaching. Achieving multiple choreography awards, Abi works with both competitive and recreational students to help them learn to express themselves through their movements. She strongly believes that dance is art based off of strong technical foundation and can often be found teaching Jazz technique to the students of Step-Above to fun 90s tunes.